

BROWN BAG WORKSHOP
Fall 2008
Thursdays 12:30 - 1:30
Student Union Conference Room



| DATE | TOPIC / SUBJECT | PRESENTER |
|----------------|--|---|
| 4 Sept | Personal Safety | Police Services |
| 11 Sept | Response and Consequences to Overwhelming Life Events | Beth Hanis Contra Costa County Mental Health |
| 18 Sept | The Fight for Women's Voting Rights; How the 19th amendment was Passed | Ashley Coates, President League of Women Voters of Diablo Valley |
| 25 Sept | Life Management | Yvonne Canada |
| 2 Oct | Careers / Jobs | Nicola Place |
| 9 Oct | Coming Out Day | QSA Club panel |
| 16 Oct | Scholarship Office | Leslie Mills |
| 23 Oct | Eat Well and Thrive | Kaiser |
| 30 Oct | Forming Satisfying Relationships | Aaron J. Feldman, LMFT |
| 6 Nov | Stress In...Stress Out | Kaiser |
| 13 Nov | Safe Self Nurturing | Beth Hanis Contra Costa County Mental Health |